## Be smart

Ask yourself if you know somebody who would be happy to provide you with something on your list. Use all your resources. For example, do you know a friend or family member who can make the wedding cake? Do your parents have a beautiful garden you can use for the reception? Do you have an event planner in your network? Really start to think about who you know, what services they provide and who you are comfortable to approach. This way, you can either reduce your cost to zero or at the very least get a reduced price.

And finally, a quick tip when things get hairy. Have an anchor. What are the top three most important outcomes for your wedding? For example, it might be:

- We want our guests to have a fun time
- We as a couple want to enjoy the day
- We want to have prepared our own vows

So, in times of distress, breathe and remember what your most important outcomes are. The likelihood is that whatever is stressing you out has no impact on what's most important.

Enjoy your big day, it will be beautiful.

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