

Next... Time for the session.

- 1) Grab yourselves a cup of tea and set yourselves up around the dinner table with a big sheet of paper and perhaps your laptop. It's time to get financially naked. Knowing where you stand and what you want to achieve builds trust and strengthens your teamwork.
- 2) Out of all the goals find out what are each of your top three and put them in a timeline so you know what you want and by when. Ask each other what are the top money lessons you learnt growing up? Find out what worries each of you most about money and what each other's retirement wishes are.
- 3) Align your common three goals and make a plan to achieve them.
- 4) Make this a monthly or quarterly session.

Couples that plan together financially stay together. Get started on aligning your goals and create the future you both want.

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